

# North Carolina Resources

- [988 Suicide and Crisis Line: Dial 988](#) - The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.
- [The Alcohol/Drug Council of North Carolina](#) - Crisis Line: 800-688-4232 - The ADCNC is a non-profit organization that provides information and referrals to alcohol and drug treatment. Watch this video to better understand substance use disorder treatment options in North Carolina.
- [The Hope4NC Helpline](#) - (855)-587-3463 - The Hope4NC Helpline connects North Carolinians to additional mental health and resilience support that help them cope during COVID-19.
- [Local Management Entity / Managed Care Organization \(LME/MCO\)](#) - Locate the LME/MCO for your county, including your 24/7 access-to-care line.
- [NC 2-1-1](#) - Phone: 211 - NC 2-1-1 is an information and referral service that provides free and confidential information on health and human services and resources within North Carolina.
- [Crisis Solutions NC](#) - Crisis Solutions NC can help individuals and their families in a crisis find help within their local communities.
- [Substance Abuse and Mental Health Services Administration](#) - SAMHSA's Behavioral Health Treatment Services Locator helps individuals find treatment facilities anonymously.
- [Federal Treatment Finder](#) - SAMHSA collects information on thousands of state-licensed providers who specialize in treating substance use disorders, addiction, and mental illness.
- [North Carolina Professionals Health Program](#) - North Carolina Professionals Health Program encourages the well-being and recovery of medical professionals through compassion, support, accountability, and advocacy. NCPHP's experienced team assists health care providers with substance use disorders, mental health issues, and other issues that may affect their ability to deliver optimal care and services to their patients.
- [North Carolina Lawyer Assistance Program](#) - The North Carolina Lawyer Assistance Program is a service of the North Carolina State Bar that provides free, confidential assistance to lawyers, judges, and law students in addressing substance abuse, mental health issues, and other stressors that impair or may impair a lawyer's ability to practice law effectively.
- [BarCARES](#) - BarCARES is a confidential, short-term intervention program provided cost-free to members of participating judicial district bars, voluntary bar associations and law schools.

- [Find an Opioid Treatment Program in North Carolina](#) - Opioid Treatment Programs provide access to medications used to treat opioid use disorder, including methadone, buprenorphine, and naltrexone, along with counseling and other behavioral supports.
- [North Carolina Drug User Health Resource Guide By Region](#) - This drug resource guide provides a list of health departments, treatment locations, and health care providers by region.
- 1-888-688-4222 - Opioid Assistance and Referral Line - Local medical experts offer patients, providers, and family members opioid information, resources and referral 24/7. Translation services available.
- 1-800-662-HELP (4357) - SAMHSA's National Helpline - Free, confidential treatment referral and information service available 24/7 (in English and Spanish).
- [FindTreatment.gov](#) - Find treatment resources available in your area.
- [Prescription Dropbox Locator](#)
- [NaloxoneSaves.org](#)
- [More Powerful NC Campaign](#)